

LIGHTHOUSE VOC-ED CENTER, INC.


MAKING A DIFFERENCE FOR PEOPLE WITH DISABILITIES




Please Join Us




Who: Jr. Girls Night Out-Monday Evenings
(Started in 2006)




What: Social Interactive Group (middle & high school age) for girls to hang out, be themselves, and have an opportunity to do new and exciting activities.



Where: 744 Long Hill Rd. Groton. (Gallery at Lighthouse)





When: 5:30-7:00 p.m.




Cost: \$40/month

Activities: Social dinners, creating art for the Hygienic, crafting, shopping, activities out in the community.



Goal: A group for middle & high school aged young ladies that are capable to meet, socialize, and perhaps form a new peer group outside of school.



View calendars online at www.lighthousevocedcenter.com
or call our Central Office for details at 860-445-7626



P.O. BOX 271, OLD MYSTIC, CT 06372-0271 (860) 445-7626

www.lighthousevocedcenter.com

EQUAL OPPORTUNITY EMPLOYER

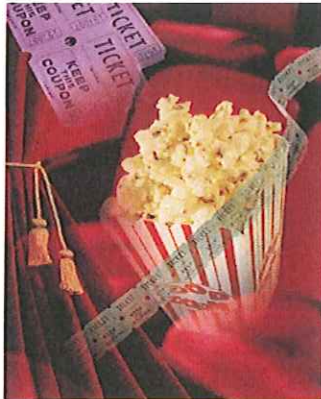
REV 10/10

LIGHTHOUSE VOC-ED CENTER, INC.



MAKING A DIFFERENCE FOR PEOPLE WITH DISABILITIES

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Who: Wednesday Night Recreation Group (Started in 1987)

What: Social Interactive Group (Ages 21+) with varying levels of disability.

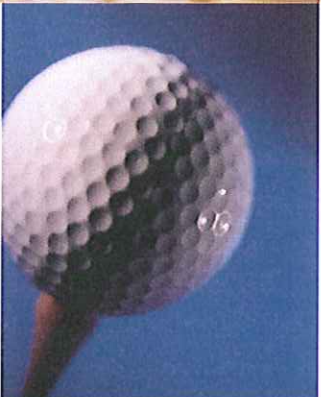
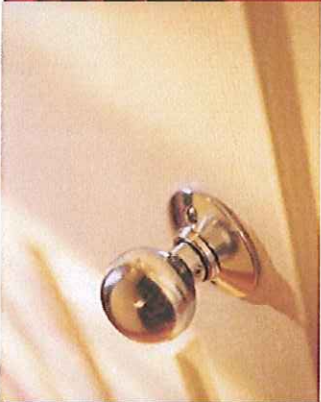
Where: 744 Long Hill Road, Groton, CT (Lighthouse Gallery) & Community

When: 6:30-8:30 p.m.

Cost: \$40/month

Activities: Bowling, social dinners, going to the movies, going to the Crystal Mall, game night at the center, bingo, and mini-golf, get-togethers at group members houses.

Goal: The goal for the evening program is to help young adults generalize daily living and social skills through weekly scheduled activities in the community. We promote self-advocacy and independence through having them make their own choices with their schedules.



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- Who:** Wednesday Night Social Group
(Started in 1995)
- What:** Social Interactive Group for senior citizens with
varying levels of disability. (Ages 40+)
- Where:** 744 Long Hill Road, Groton. (Lighthouse Gallery)
- When:** 6:00-8:00 p.m.
- Cost:** \$40/month
- Activities:** There is one main activity the group plans. They can
also choose other activities available at the site.
- Goal:** To continue the repetition of social skills and have a
consistent social group.

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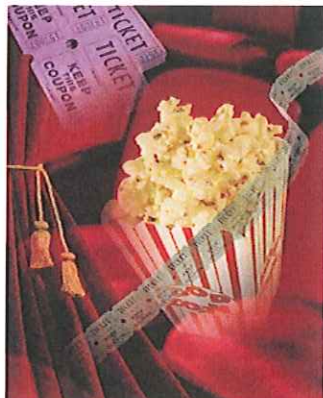


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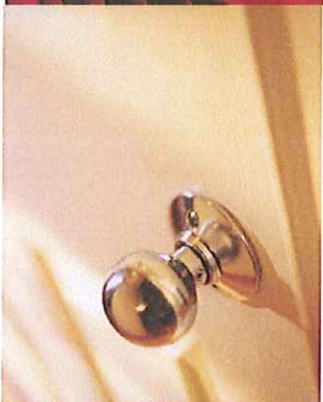


Who: Thursday Night Recreation Group (Started in 1994)
What: Social Interactive Group (Ages 14+) for those with varying levels of disability.

Where: 312 Main Street, Niantic, CT

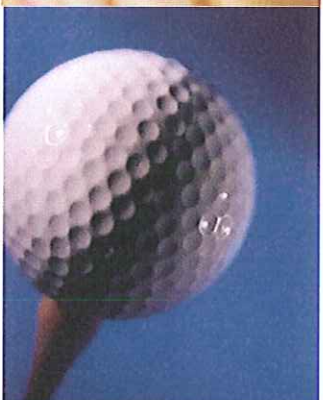
When: 6:00-8:00 p.m.

Cost: \$40/month



Activities: Going to the Crystal Mall, arts and crafts at the center, movies, potluck dinners, mini-golf, Book Barn, and/or game night at the center.

Goal: The goal for the evening program is to help young adults generalize daily living and social skills through weekly scheduled activities in the community. We promote self-advocacy and independence through having them make their own choices with their schedules.



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Who: Thursday Girl's Night Out
(Started in 2003)

What: Social Interactive Group
(Ages 16+)

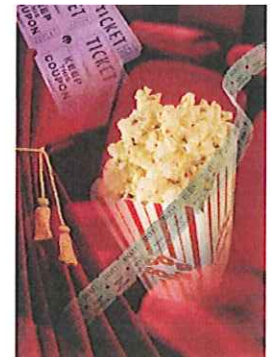
Where: 58 Pennsylvania Ave., Niantic,
CT & Niantic area.

When: 6:30-8:30 p.m.

Cost: \$40/month

Activities: Spa night, laser tag, potluck
dinners, arts and crafts, movie
nights, beading, cooking/baking,
and mini-golf.

Goal: This group started in response
to parent's requests. They
wanted a place for high school
young ladies that are capable to
meet, socialize, and perhaps
form a new peer group outside
high school. The group plans
community outings quarterly.



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Who: Friday Night Social Group
(Started in 1987)

What: Social Interactive Group (Ages 21+) with varying levels of disability.

Where: 46 Plaza Court, Groton. The staff is minimally involved in helping the group plan their schedule. The participants chose to have the program on site, instead of the community.

When: 6:00-8:30 p.m.

Cost: \$40/month

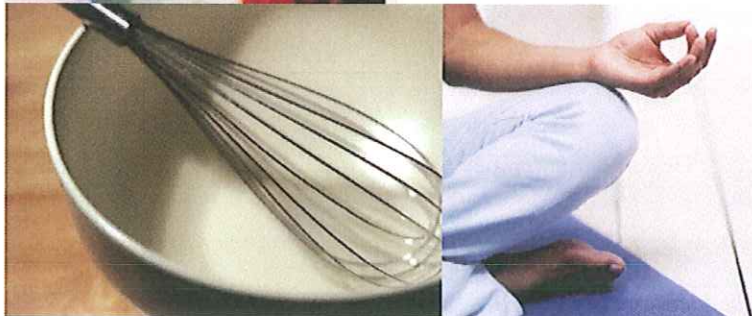


Activities: Art, potluck dinners, bingo/game nights, social parties, cook-offs, karaoke night, yoga, pie eating contests, and pancakes and pajama night.

Goal: To continue the repetition of social skills at the end of the school years and after school ends. To eventually form long lasting adult relationships. To plan for themselves and learn the consequences of planning.



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