



Friday Night Social Group

(Been in existence since 1995)

Ages: Late teens, 20's, and 30's

Hours: 6:00-8:30 p.m.

Schedules: The group plans their own activities quarterly. One member types the schedule on their computer at home and distributes it the following week. Staff is not involved in this process except giving the dates available. This group has worked well at learning how to plan and involve all participants' wishes, discussing activities, making compromises and turn taking.

Participants: Young adults with all levels of disabilities.

Site: Lighthouse Voc-Ed Center, 46 Plaza Court, Groton, CT. The participants chose to have the program on site, instead of the community.

Activities: There is one main activity planned by the participants. They can choose to do that or other activities available at the site (e.g. games, videos, and computer).

Dates: This program runs September through June (except holidays)

Cost: \$40 per month.

Goal: To continue the repetition of social skills at the end of the school years and after school ends. To eventually form long lasting adult relationships. To plan for themselves and learn the consequences of planning.